



December 23, 2021

Reference: Visitation

Aloha Residents, Families and Friends,

We wanted to update you on visitation guidelines. We continue to follow Centers for Medicare and Medicaid (CMS) and Center for Disease Control (CDC) guidelines and recommendations in regards to COVID-19. Including infection control, preventing the spread of the virus, testing and visitation.

On Thursday, December 23, 2021 CMS made available “Nursing Home Visitation Frequently Asked Questions (FAQ’s). [Nursing Home Visitation Frequently Asked Questions \(cms.gov\)](https://www.cms.gov/medicare/coverage/coverage-guidance/visitation-faq)

At this time CMS has **not** changed guidelines for visitation, we must continue to allow visitation. We must adhere to the core principles of infection prevention, especially wearing a face mask, performing hand hygiene and practicing social distancing. We ask for your assistance in preserving resident and staff safety.

Guidance Visitation are conducted through different means based on our structure and residents’ needs, such as in resident rooms, dedicated visitation spaces, and outdoors. Regardless of how visits are conducted, certain core principles and best practices reduce the risk of COVID-19 transmission:

The Core Principles

- Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine, should not enter the facility. Facilities should screen all who enter for these visitation exclusions.
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between people, in accordance with CDC guidance
- Instructional signage is posted throughout the facility and visitor are education on COVID-19 signs and symptoms, infection control precautions.
- When appropriate use of Personal Protective Equipment (PPE)

We continue to offer visitors the 15 minute COVID-19 antigen test, if you would like to be tested for peace of mind prior to your visit please let the screener know that you would like to be tested.

If you are feeling ill, please postpone your visit to when you are feeling better.

Please continue to do periodic self-wellness check for COVID-19 symptoms which include: fever, headache, sore throat, scratchy throat, dry throat, nasal congestion, runny nose, cough, chest congestion, sneezing, chills, muscle ache/pain, unusual tiredness or fatigue, nausea, vomiting, diarrhea, loss of taste and/or smell, shortness of breath or other respiratory illness. If you experience any of the above symptoms, please contact your health care provider.

Merry Christmas and Happy New Year.

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Infection Preventionist